

August 26, 2020

Dear Parent or Guardian,

As the first day of school approaches, the questions and concerns continue to arise. The school nurses have been working diligently to create procedures that will allow us to provide the best care possible during this extraordinarily difficult time.

Before you send your student(s) to school this year, it is important to complete a daily home screening. An attached screening form is designed to help guide you through this process. This form was created by combining the tools designed by the Department of Health (DOH) and CDC. Please follow these guidelines closely and keep your child home if any of the following apply:

- They display any one symptom from group A or two or more symptoms from Group B.
- If your child is taking fever reducing medication

Additionally, you should contact your health care provider and discuss these symptoms so they may assist you in determining if your child needs further evaluation and/or testing for COVID-19. We ask that you notify the school as soon as possible if any of the following apply:

- If your child is suspected of having COVID-19 or has tested positive for COVID-19
- If your child or a member of your family has a known exposure (defined on the attached tool)

If your child becomes ill at school, all school nurses will follow the same guidelines we provided above for symptom screening. This will ensure consistency between home and school. If your child is sent home, we will provide you with detailed instructions regarding next steps taken prior to return to school.

This year school nurses will be educating students and staff about appropriate nurse visits. It is important to know that that while we need to limit visits to the nurse office this year we are still committed to providing the best care possible to each and every student. ***Students with chronic conditions or emergency needs will never be denied access to the school nurse due to the nurse visit guidelines.*** Each student will be triaged at the health room door and directed to the appropriate location within the office. Cot rooms will be reserved for students with COVID-19 symptoms, an area will be created for students with chronic conditions so they may receive their care daily without concerns of being exposed to sick individuals, and there will be an area allocated for first aid and minor aches and pains.

Because COVID-19 symptoms may be similar to symptoms related to many chronic conditions, it is imperative that every parent completes, in detail, the health history form. This is a yearly update that includes parent contact information and permission to administer over the counter medication. This form should be returned no later than September 1st, 2020. **It is imperative you update this information throughout the year in the event that any information changes and we need to contact you.**

Being prepared this school year will help set your student up for success. Please keep in mind that water fountains will be turned off and lockers will not be used. On the back of your daily health screening checklist, you will find a list of items your student will need to bring to school every day. These items include: Mask (Pack Extra), Hand Sanitizer, full water bottle that will last for the entire day, facial tissues, hygiene supplies, and extra clothing as needed. Finally, to protect yourself, your child, and others from COVID-19 it is important to wear a cloth face covering over your nose and your mouth, practice social distancing (stay at least 6 feet away from others), stay home as much as possible, and stay home when you feel ill.

Following these guidelines will not only aid in keeping your child safe but will also help keep the students and staff of Lampeter-Strasburg School District safe.

Lampeter Strasburg School District Daily COVID Screening

<p>Complete this checklist prior to sending your child(ren) to school each day. Keep your child(ren) home if they have one or more symptoms in group A, have two or more symptoms in group B, or are taking fever reducing medication.</p>		
<p>Is your student experiencing any of the following?</p>	YES	NO
<p>Group A: One of the following *Fever 100.4 or higher *Cough (in cases of asthmatic or chronic allergic cough a change in the cough) *Shortness of breath *Difficulty breathing *New change in taste *New change in smell</p>		
<p>Group B: Two or more of the following *Fever *Runny nose/congestion *Sore Throat *Chills *Muscle pain *Headache *Nausea or vomiting *Diarrhea</p>		
<p>Has taken fever reducing medications this morning</p>		
<p>*Had close contact with a person who has a confirmed COVID case (within 6 feet for 10 minutes or more) and is currently quarantined</p> <p>*Household member tests positive</p>		
<p>At all times use best judgement in deciphering whether your child is displaying symptoms. If in doubt, keep them home and contact your health care provider for further information and direction.</p> <p>Please contact your school nurse with additional questions or concerns.</p>		

Sarah Stuart, MSN, RN, CSN - Lampeter-Strasburg High School, sarah_stuart@l-spioneers.org

Pam Fliegel, BSN, RN, CSN - Martin Meylin Middle School, pamela_fliegel@l-spioneers.org

Mary Vestermark MSN, RN, CSN- Hans Herr Elementary, mary_vestermark@l-spioneers.org

Donna Bitler, MSN, RN, CSN- Lampeter Elementary, donna_bitler@l-spioneers.org