

Lampeter – Strasburg High School

May 2021

Breakfast Menu: Available daily in the cafeteria (7:20am to 7:35am) Cost: \$1.55 All Breakfasts are served with fruit and choice of milk. Asst cereals, breakfast bars, pop tarts always available.

Monday: Frudel OR Mini Cinni

Tuesday: Sausage, Egg and Cheese Sandwich

Wednesday: VIRTUAL

Thursday: Frudel OR Mini Cinni

Friday: Sausage, Egg and Cheese Sandwich



<p>3 Ntl Chocolate Custard Day French Toast Sticks w/Syrup Sausage Links OR Cheese Omelet, Hash Browns Baby Carrots/Dip Assorted Fruit/Juice & Milk **Chocolate Pudding** Alternate: Deli Sandwich Weekly Salad choice: BLT salad</p>	<p>4 Chicken & Cheese Quesadillas Tater Tots Tossed Salad Mexican Bean Salad Assorted Fruit/Juice, Milk Alternate: Fiesta Chicken Wrap</p>	<p>5 << Cinco De Mayo >> NO STUDENTS</p>	<p>6 Chicken & Cheese Quesadillas Tater Tots Tossed Salad Mexican Bean Salad Assorted Fruit/Juice, Milk Alternate: Fiesta Chicken Wrap</p>	<p>7 School Lunch Hero Day French Toast Sticks w/Syrup Sausage Links OR Cheese Omelet, Hash Browns Baby Carrots/Dip Assorted Fruit/Juice & Milk **Chocolate Pudding** Alternate: Deli Sandwich</p>
<p>10 Ntl Shrimp Day Corn Dog Nuggets/Roll Sweet Potato Fries Baked Beans Assorted Fruit/Juice, Milk Alternate: Shrimp Poppers w/Roll Weekly Salad choice: Spicy Chicken Salad</p>	<p>11 Pizza Dippers/Sauce Steamed Peas Tossed Salad Assorted Fruit/Juice & Milk Alternate: Mozzarella Cheese Sticks</p>	<p>12 NO STUDENTS</p>	<p>13 Corn Dog Nuggets/Roll Sweet Potato Fries Baked Beans Assorted Fruit/Juice, Milk Alternate: Shrimp Poppers w/Roll</p>	<p>14 Pizza Dippers/Sauce Steamed Peas Tossed Salad Assorted Fruit/Juice & Milk Alternate: Mozzarella Cheese Sticks</p>
<p>17 Chicken Nuggets/Sauce/Roll Curly Fries Glazed Carrots Assorted Fruit/Juice, Milk Alternate: Meatball Sandwich Weekly Salad choice: Cobb Salad</p>	<p>18 Creamy Macaroni & Cheese WG Pretzel Rod, Tossed Salad Steamed Green Beans Strawberry Parfait Assorted Fruit/Juice & Milk Alternate: Stromboli/Sauce</p>	<p>19 Tangerine Chicken Vegetable Fried Rice Steamed Broccoli Fortune Cookie Assorted Fruit/Juice & Milk Alt: Pork Egg Roll</p>	<p>20 Chicken Nuggets/Sauce/Roll Curly Fries Glazed Carrots Assorted Fruit/Juice, Milk Alternate: Meatball Sandwich</p>	<p>21 Ntl Strawberry Cream Day Creamy Macaroni & Cheese WG Pretzel Rod, Tossed Salad Steamed Green Beans Strawberry Parfait Assorted Fruit/Juice & Milk Alternate: Stromboli/Sauce</p>
<p>24 Spicy Chicken Sandwich French Fries Steamed Corn Alternate: Homestyle Chicken Sandwich Weekly Salad choice: Chef's Salad</p>	<p>25 Rotini/Meat sauce/Texas Toast Tossed Salad Baby Carrots w/Dip Assorted Fruit/Juice, Milk Alternate: Cheeseburger on Bun</p>	<p>26 Tangerine Chicken Vegetable Fried Rice Steamed Broccoli Fortune Cookie Assorted Fruit/Juice & Milk Alt: Pork Egg Roll</p>	<p>27 Spicy Chicken Sandwich French Fries Steamed Corn Alternate: Homestyle Chicken Sandwich</p>	<p>28 Ntl Hamburger Day Rotini/Meat sauce/Texas Toast Tossed Salad Baby Carrots w/Dip Assorted Fruit/Juice, Milk Alternate: Cheeseburger on Bun</p>

MENU SUBJECT TO CHANGE

A la Carte Milk: \$0.50
 A La Carte Drinks and Snacks and Ice Cream
 All Grain Offerings are Whole Grain / All Rolls Include Promise® Margarine
 Soup is available at an A La Carte Price only \$1.55

Student Lunch: \$3.00
 Adult Lunch: \$4.35

Offered Daily:

Peanut Butter & Jelly Sandwich
 Pizza & Salad Entrée/Protein

Cafeteria Manager:

Dee Dennes: 717-358-1863 ext#2013
 E-mail: Denise_dennes@l-pioneers.org

(This institution is an equal opportunity provider and employer.)