

Martin Meylin Middle School

May 2021

Breakfast Menu: Available daily in the cafeteria OR Breakfast Cart (7:20am to 7:30am) Cost: \$1.55 All Breakfasts are served with fruit and choice of milk. Assortment of cereals, breakfast bars and pop tarts are always available.

Monday: Stuffed Bagel Bites, Fruit, Juice, Milk

Tuesday: Cinnis, Fruit, Juice, Milk

Wednesday: Cherry Frudel, Fruit, Juice, Milk

Thursday: Breakfast Tortilla, Fruit, Juice, Milk

Friday: Egg Sandwich, Fruit, Juice, Milk



<p>3 Natl Chocolate Custard Day Chicken Fries/Pretzel Rod Whipped Potatoes/Gravy Celery/PB Assorted Fruit & Milk Chocolate Pudding Alt: American Sub</p>	<p>4 Hot Dog on Roll Sweet Tater Tots Green Beans/Sauerkraut Assorted Fruit & Milk Alt: Fish & Cheese Sandwich</p>	<p>5 Walking Taco/Beef/Ch/Salsa Black Bean Fiesta Rice Mexican Bean Salad Assorted Fruit & Milk Alt: Calzone/Sauce</p>	<p>6 Pizza Sticks/Sauce Romaine Tossed Salad Fresh Veggies/Dip Assorted Fruit & Milk Alt: Gr. Pepper Jack Ckn Sand. *WG Cookie</p>	<p>7 SCHOOL LUNCH HERO DAY Tony's Pizza Broccoli Salad WG Cheez-Its Assorted Fruit & Milk Alt: Sweet Italian Sausage Sandwich</p>
<p>10 National Shrimp Day Shrimp Poppers/Roll Seasoned Curly Fries Crunchy Cauliflower/Dip Assorted Fruit & Milk Alt: Popcorn Chicken</p>	<p>11 French Toast Sticks/ Sausage Links Hash Brown Carrots/Dip Assorted Fruit & Milk Alt: Egg/Cheese Sandwich</p>	<p>12 Chicken Tenders Buttered Rotini Baked Beans Assorted Fruit & Milk Alt: Italian Hoagie w/ Cheese</p>	<p>13 Cheese Quesadilla Pretzel Nuggets/Corn Red Peppers/Dip WG Cookie Assorted Fruit & Milk Alt: Chicken Salad on Roll</p>	<p>14 Italian Cheese Pull Apart Romaine Tossed Salad Peas Assorted Fruit &, Milk Alt: Spicy Black Bean Burger</p>
<p>17 Chicken Nuggets/Dip/Roll Whipped Potatoes/Gravy Glazed Carrots Assorted Fruit & Milk Alt: Dutch Sub</p>	<p>18 Grilled Cheese Tomato Soup/Goldfish Crackers Celery/PB WG Rice Krispie Treat Assorted Fruit & Milk Alt: Meatball Sub</p>	<p>19 Corn Dog Nuggets/Pretzel Rod French Fries Baked Beans Assorted Fruit & Milk Alt: Steak Sandwich</p>	<p>20 Tangerine Chicken Fried Rice Steamed Broccoli Fortune Cookie Assorted Fruit & Milk Alt: Egg Roll/Duck Sauce</p>	<p>21 Stuffed Crust Pizza Romaine Tossed Salad WG Chex Mix Assorted Fruit & Milk Alt: Chicken Cordon Bleu Sand.</p>
<p>24 Homestyle Chicken Sandwich w/ Pioneer Secret Sauce Smiley Fries Peas Assorted Fruit & Milk Alt: Spicy Chicken on Roll</p>	<p>25 Ham & Cheese on Pretzel Roll LS Chicken Corn Soup Fresh Steamed Green Beans WG Cookie Assorted Fruit & Milk Alt: Stromboli/Sauce</p>	<p>26 Creamy Mac & Cheese/Pretzel Romaine Tossed Salad Crunchy Broccoli/Dip Assorted Fruit & Milk Alt: Pork BBQ on Roll</p>	<p>27 French Toast Sticks/ Sausage Links Hash Brown Carrots/Dip Assorted Fruit & Milk Alt: Egg/Cheese Sandwich</p>	<p>28 National Hamburger Day Cheeseburger on Roll Pasta Salad Baked Beans Assorted Fruit & Milk Alt: Tuna Salad on Roll</p>

MENU SUBJECT TO CHANGE

A la Carte Milk: \$0.50

A La Carte Drinks and Snacks and Ice Cream

All Grain Offerings are Whole Grain / All Rolls Include Promise® Margarine

Soup is available at an A La Carte Price only.

Student Lunch: \$2.75

Adult Lunch: \$4.35

Offered Daily:

Peanut Butter & Jelly Sandwich

Pizza Salad Entrée/Protein

(This institution is an equal opportunity provider and employer.)

Cafeteria Manager:

Lisa Lawson: 717-358-1863

E-mail: lisa_lawson@l-spioneers.org

