

**Breakfast Menu:** Available daily in the cafeteria OR Breakfast Cart (7:20am to 7:30am) Cost: \$1.55  
 All Breakfasts are served with fruit and choice of milk. Assortment of cereals, breakfast bars and pop tarts are always available.

**Monday:** Stuffed Bagel Bites, Fruit, Juice, Milk


**Tuesday:** Mini Cinnis, Fruit, Juice, Milk

**Wednesday:** Apple Frudel, Fruit, Juice, Milk

**Thursday:** Pancake Sausage, Fruit, Juice, Milk

**Friday:** Breakfast Tortilla, Fruit, Juice, Milk



<p><b>1</b></p> <p>Chicken Fries/BBQ Sauce                  Seasoned Curly Fries                  Cucumbers/Dip                  Assorted Fruit &amp; Milk                  Alt: Italian Hoagie w/ Cheese</p>	<p><b>2</b></p> <p>Rotini/Meatsauce                  Garlic Breadstick                  Romaine Tossed Salad                  Assorted Fruit &amp; Milk                  Alt: Stromboli/Sauce</p>	<p><b>3</b></p> <p>Ham/Cheese on Pretzel Roll                  L-S Chicken Corn Soup                  Baby Carrots/Dip                  Assorted Fruit &amp; Milk                  Alt: RibBQ on Roll</p>	<p><b>4</b></p> <p>Homestyle Chicken Sandwich                  w/ Pioneer Secret Sauce                  Tater Tots                  Baked Beans                  Assorted Fruit &amp; Milk                  Alt: Steak Sandwich</p>	<p><b>5</b></p> <p>Stuffed Crust Pizza                  Broccoli Salad                  Celery/PB                  WG Cookie                  Assorted Fruit &amp; Milk                  Alt: Egg Salad on Roll</p>
<p><b>8</b></p> <p>Bacon Cheeseburger on Roll                  Smiley Fries                  Green Beans                  Assorted Fruit &amp; Milk                  Alt: American Sub</p>	<p><b>9</b></p> <p><i>*National Meatball Day*</i>                  Toasted Cheese Ravioli/Sauce                  Romaine Tossed Salad                  WG Chex Mix                  Assorted Fruit &amp; Milk                  Alt: Meatball Sub</p>	<p><b>10</b></p> <p>Grilled Cheese                  Tomato Soup/Goldfish Crackers                  Celery Sticks/PB                  Assorted Fruit &amp; Milk                  Alt: Grilled Pepperjack Chicken Sandwich</p>	<p><b>11</b></p> <p>Tangerine Chicken                  Fried Rice                  Steamed Broccoli                  Assorted Fruit &amp; Milk                  WG Fortune Cookie                  Alt: Egg Roll w/ Duck Sauce</p>	<p><b>12</b></p> <p>Pizza Sticks/Sauce                  Tater Tots                  Grape Tomatoes/Dip                  Assorted Fruit &amp; Milk                  Alt: Fish Sandwich</p>
<p><b>15</b></p> <p>Chicken Nuggets/Dip                  Whipped Potatoes/Gravy                  Buttered Corn                  Assorted Fruit &amp; Milk                  Alt: Roast Beef &amp; Swiss on Roll</p>	<p><b>16</b></p> <p>Walking Taco/Beef/Cheese Rice                  Fiesta Black Beans                  Assorted Fruit &amp; Milk                  WG Shamrock Cookie                  Alt: Cheese Calzone/Sauce</p>	<p><b>17</b></p> <p>Chicken Patty on Roll                  French Fries                  Crunchy Broccoli/Dip                  Assorted Fruit &amp; Milk                  Shamrock Parfait                  Alt: Spicy Chicken on Roll</p>	<p><b>18</b></p> <p>French Toast Sticks/                  Sausage Links                  Hash Brown                  Celery Sticks/PB                  Assorted Fruit &amp; Milk                  Alt: Egg/Cheese Sandwich</p>	<p><b>19</b></p> <p>Tony's Pizza                  Romaine Tossed Salad                  Baby Carrots/Dip                  Assorted Fruit &amp; Milk                  Alt: Tuna Salad on Roll</p>
<p><b>22</b></p> <p>Popcorn Chicken                  Pretzel Nuggets/Cheese Corn                  Assorted Fruit &amp; Milk                  *WG Rice Krispie Treat                  Alt: Ham &amp; Swiss on Roll</p>	<p><b>23</b></p> <p><i>*National Potato Chip Day*</i>                  Hot Dog on Roll                  Baked Potato Chips                  Fresh Veggies/Dip                  Assorted Fruit &amp; Milk                  Alt: Grilled Chicken Bacon Ranch</p>	<p><b>24</b></p> <p>Creamy Macaroni &amp; Cheese                  Romaine Tossed Salad                  Baked Beans                  Assorted Fruit &amp; Milk                  Alt: Spicy Black Bean Burger</p>	<p><b>25</b></p> <p>Chicken Lo Mein                  Steamed Broccoli                  WG Cheez-Its                  Assorted Fruit &amp; Milk                  Alt: Turkey/Cheese on Pretzel Roll</p>	<p><b>26</b></p> <p>Italian Cheese Pull Aparts/Sauce                  Carrots/Dip                  Green Beans                  Assorted Fruit &amp; Milk                  Alt: Egg &amp; Olive on Roll</p>
<p><b>29</b></p> <p>Corn Dog Nuggets                  Buttered Rotini                  Baked Beans                  Assorted Fruit &amp; Milk                  Alt: Dutch Sub</p>	<p><b>30</b></p> <p>Chicken Drummies                  Whipped Potatoes/Gravy                  Peas                  Assorted Fruit &amp; Milk                  Alt: Beef BBQ on Roll</p>	<p><b>31</b></p> <p>Cheese Quesadilla                  French Fries                  Baby Carrots/Dip                  Assorted Fruit &amp; Milk                  Alt: Chicken Salad on Roll</p>	<p><b>April 1*</b></p> <p>Stuffed Crust Pizza                  Romaine Tossed Salad                  Celery/PB                  WG Rice Krispie Treat                  Assorted Fruit &amp; Milk                  Alt: Beef Ravioli</p>	<p><b>April 2</b></p> 

**MENU SUBJECT TO CHANGE** Student Lunch: \$2.75

A la Carte Milk: \$0.50 Adult Lunch: \$4.35

A La Carte Drinks and Snacks and Ice Cream

All Grain Offerings are Whole Grain / All Rolls Include Promise® Margarine

\*\*Soup is available at an A La Carte Price only.\*\*

**Offered Daily:**

Peanut Butter & Jelly Sandwich

Pizza Salad Entrée/Protein

**Cafeteria Manager:**

Lisa Lawson: 717-358-1863

E-mail: lisa\_lawson@l-spioneers.org

(This institution is an equal opportunity provider and employer.)