

Introduction to the L-S Counseling Department

Who is your counselor?

Mr. Krasnai	Last Names A-G	edward_krasnai@l-spioneers.org
Mrs. Hart	Last Names H-O	claudine_hart@l-spioneers.org
Ms. Bard	Last Names P-Z	maya_bard@l-spioneers.org

Guidance Secretaries – Mrs. Toms and Ms. Wilson
School Psychologist- Ms. Glass

What can your counselor do for you?

The purpose of the L-S Counseling Department is support each student in his/her academic, personal/social, and career development.

Academic

- Graduation Requirements, NCAA Requirements
- College application process
- What does my 4 year plan look like?
- Grade Point Average (GPA) and Class Rank / Transcript
- PSAT, SAT, ACT, ASVAB (www.collegeboard.org or www.act.org)
- Barriers to academic success (Time Management, Study Skills, Organization)

Career

- Post-Secondary Options / College and Career Planning
- Xello (formerly Career Cruising)/ Interest inventories
- College Visits and Representatives
- Career and Technology Center exploration
- Job shadowing
- Work study

Personal/Social

- Individual Counseling
- Group Counseling
- Family and Home Issues
- Conflict Mediation
- Liaison between teacher/student/parent
- Connect to school-based counseling or outside agencies

Feel free to make an appointment with your counselor by stopping in the Guidance Office.

Please visit the “Guidance” course on Schoology for additional information and resources.