

LAMPETER-STRASBURG
HIGH SCHOOL JANUARY 2019 MENU

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
DECEMBER 31	JANUARY 1	JANUARY 2	JANUARY 3	JANUARY 4
<u>CHOICE OF ENTRÉE</u>	<u>CHOICE OF ENTRÉE</u>	<u>CHOICE OF ENTRÉE</u>	<u>CHOICE OF ENTRÉE</u>	<u>CHOICE OF ENTRÉE</u>
NO	NO	Popcorn Chicken/Roll	Walking Taco/ Beef/Cheese	Tony's Pizza
SCHOOL	SCHOOL	Spicy Chicken on Roll	Ham Patty on Roll	Beef Ravioli
WINTER	WINTER	Pizza	Pizza	Stromboli
VACATION	VACATION	Deli Turkey Sub	Deli Turkey Sub	Deli Turkey Sub
<u>VEGETABLE CHOICES</u>	<u>VEGETABLE CHOICES</u>	<u>VEGETABLE CHOICES</u>	<u>VEGETABLE CHOICES</u>	<u>VEGETABLE CHOICES</u>
		Whipped Potatoes	French Fries	Tossed Salad/Dressing
		Broccoli	Baby Carrots/Dip	Corn
<u>SALAD CHOICES</u>	<u>SALAD CHOICES</u>	<u>SALAD CHOICES</u>	<u>SALAD CHOICES</u>	<u>SALAD CHOICES</u>
		Specialty Salad	Specialty Salad	Specialty Salad
		Garden Salad	Garden Salad	Garden Salad
JANUARY 7	JANUARY 8	JANUARY 9	JANUARY 10	JANUARY 11
<u>CHOICE OF ENTRÉE</u>	<u>CHOICE OF ENTRÉE</u>	<u>CHOICE OF ENTRÉE</u>	<u>CHOICE OF ENTRÉE</u>	<u>CHOICE OF ENTRÉE</u>
Hamburger on Roll	Hot Ham & Cheese on Pretzel Roll	Chicken Nuggets/Roll	Omelet/Toast Sticks	Stuffed Crust Pizza
Corn Dog Nuggets	Stromboli	Pulled Pork BBQ on Roll	Sausage/Toast Sticks	Spicy Chicken-Premium
Pizza	Pizza	Pizza	Pizza	Egg Roll w/Duck Sauce
Deli Turkey Sub	Deli Turkey Sub	Deli Turkey Sub	Deli Turkey Sub	Deli Turkey Sub
<u>VEGETABLE CHOICES</u>	<u>VEGETABLE CHOICES</u>	<u>VEGETABLE CHOICES</u>	<u>VEGETABLE CHOICES</u>	<u>VEGETABLE CHOICES</u>
Potato Rounds	Chicken Corn Soup	Whipped Potatoes	Hash Brown	French Fries
Baked Beans	Green Beans	Glazed carrots	Celery Sticks/PB	Broccoli
<u>SALAD CHOICES</u>	<u>SALAD CHOICES</u>	<u>SALAD CHOICES</u>	<u>SALAD CHOICES</u>	<u>SALAD CHOICES</u>
Specialty Salad	Specialty Salad	Specialty Salad	Specialty Salad	Specialty Salad
Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad
JANUARY 14	JANUARY 15	JANUARY 16	JANUARY 17	JANUARY 18
<u>CHOICE OF ENTRÉE</u>	<u>CHOICE OF ENTRÉE</u>	<u>CHOICE OF ENTRÉE</u>	<u>CHOICE OF ENTRÉE</u>	<u>CHOICE OF ENTRÉE</u>
Cheese Quesadilla/Rice	Chicken Tenders/Roll	Grilled Cheese	NO	Macaroni & Cheese
Hot Dog on Roll	Beef Enchiladas	Meatball Sub	SCHOOL	Big Daddy's Pizza
Pizza	Pizza	Pizza	TEACHER	
Deli Turkey Sub	Deli Turkey Sub	Deli Turkey Sub	INSERVICE	Deli Turkey Sub
<u>VEGETABLE CHOICES</u>	<u>VEGETABLE CHOICES</u>	<u>VEGETABLE CHOICES</u>	<u>VEGETABLE CHOICES</u>	<u>VEGETABLE CHOICES</u>
French Fries	Whipped Potatoes	Tomato Soup		Tossed Salad/Dressing
Baby Carrots/Dip	Corn	Celery Sticks/PB		Broccoli
<u>SALAD CHOICES</u>	<u>SALAD CHOICES</u>	<u>SALAD CHOICES</u>	<u>SALAD CHOICES</u>	<u>SALAD CHOICES</u>
Specialty Salad	Specialty Salad	Specialty Salad	Specialty Salad	Specialty Salad
Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad
JANUARY 21	JANUARY 22	JANUARY 23	JANUARY 24	JANUARY 25
<u>CHOICE OF ENTRÉE</u>	<u>CHOICE OF ENTRÉE</u>	<u>CHOICE OF ENTRÉE</u>	<u>CHOICE OF ENTRÉE</u>	<u>CHOICE OF ENTRÉE</u>
NO	Hot Dog on Roll	Chicken Patty on Roll	Popcorn Chicken	Tony's Pizza
SCHOOL	Meatball Sub	Pasta & Meat Sauce	Chicken Pot Pie	Shrimp Poppers-Premium
TEACHER	Pizza	Pizza	Pizza	Egg Roll w/Duck Sauce
INSERVICE	Deli Turkey Sub	Deli Turkey Sub	Deli Turkey Sub	Deli Turkey Sub
<u>VEGETABLE CHOICES</u>	<u>VEGETABLE CHOICES</u>	<u>VEGETABLE CHOICES</u>	<u>VEGETABLE CHOICES</u>	<u>VEGETABLE CHOICES</u>
	Potato Rounds	Tossed Salad	Whipped Potatoes	Tossed Salad
	Baked Beans	Green Beans	Corn or Peas	French Fries
<u>SALAD CHOICES</u>	<u>SALAD CHOICES</u>	<u>SALAD CHOICES</u>	<u>SALAD CHOICES</u>	<u>SALAD CHOICES</u>
Specialty Salad	Specialty Salad	Specialty Salad	Specialty Salad	Specialty Salad
Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad
JANUARY 28	JANUARY 29	JANUARY 30	JANUARY 31	FEBRUARY 1*
<u>CHOICE OF ENTRÉE</u>	<u>CHOICE OF ENTRÉE</u>	<u>CHOICE OF ENTRÉE</u>	<u>CHOICE OF ENTRÉE</u>	<u>CHOICE OF ENTRÉE</u>
Hamburger on Roll	Chicken Patty on Roll	Tangerine Chicken/Rice	Chicken Nuggets/Roll	Omelet/Toast Sticks
RibBBQ on Roll	Meatloaf	Cheese Calzone	Hot Dog on Roll	Sausage/Toast Sticks
Pizza	Pizza	Pizza	Pizza	Pizza
Deli Turkey Sub	Deli Turkey Sub	Deli Turkey Sub	Deli Turkey Sub	Deli Turkey Sub
<u>VEGETABLE CHOICES</u>	<u>VEGETABLE CHOICES</u>	<u>VEGETABLE CHOICES</u>	<u>VEGETABLE CHOICES</u>	<u>VEGETABLE CHOICES</u>
French Fries	Whipped Potatoes	Broccoli	Whipped Potatoes	Hash Brown
Baked Beans	Tossed Salad	Peas	Corn	Celery Sticks/PB
<u>SALAD CHOICES</u>	<u>SALAD CHOICES</u>	<u>SALAD CHOICES</u>	<u>SALAD CHOICES</u>	<u>SALAD CHOICES</u>
Specialty Salad	Specialty Salad	Specialty Salad	Specialty Salad	Specialty Salad
Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad

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