



LAMPETER-STRASBURG SCHOOL DISTRICT

FOOD SERVICES NEW INFORMATION FOR PARENTS 2020/21

Welcome to the Lampeter-Strasburg School District Food Services! Our food service department offers nutritious breakfast and lunch options for all full-day students and children enrolled in our School Age Child Care (SACC) program. With the impact of COVID-19 affecting all of us we have made some changes to the way we are serving meals this school year. For this reason, we are **STRONGLY** encouraging students to utilize the lunches made at school and **NOT** bring lunches from home. Lunch boxes harbor many germs and we cannot guarantee the cleanliness of areas that are touched by outside items.

Did you know?

Our district participates in the National School Lunch Program, following strict national and state nutrition guidelines, and provides nutritious lunches that contain one-third of the recommended daily dietary allowance of nutrients. Our district adheres to the recommended USDA dietary guidelines from MyPlate. This Food Guide focuses on nutrition and fitness, because the two go hand in hand. It is designed to help kids and parents to not only understand the guidelines but to also provide practical advice on how to provide healthy and balanced diet. Recommendations are tailored for kids based on age, gender, and exercise habits.

We are most often able to provide healthier meals than those sent from home. With our school lunches you can also be guaranteed that our food meets the required temperatures. Did you know that packing a lunch without providing the proper cooling can spoil the food and make a person ill? That does not happen with our school lunches.

Here at L-S, we also provide **4** main entrée choices **EVERY** day, one of which is a salad. So, even the pickiest of eaters have choices. Challenging your children to eat at school helps them to learn to make choices on their own.

What are we doing different this year?

With the increased sanitary precautions, we have been diligently working to ensure that your kids have the safest and cleanest environment to eat. This year all items will be wrapped and/or covered before being given to the students. We have eliminated any extra “touch points” by doing so. We will also have wrapped utensils and socially distanced dining at tables and in the serving lines. Our team will also be sanitizing the serving line and tables between lunches and groups of students.

In addition, each child will be given a scan card that is linked to their account. They will simply scan the card when purchasing meals in the Cafeteria. This has taken the place of students entering a PIN number when purchasing meals, thus eliminating another “touch point.” Parents deposit money into the account to pay for school meals. We have also eliminated CASH payments at meal time. Parents may send cash or check into school to be added to their child’s account, or they may pay online through SchoolCafe. If a student brings cash to lunch, no change will be given. The balance will be added to their account for future purchases.

Thank you so much, and know that we are committed to serving your children the best possible meals on a daily basis.

If you have further questions, please call or email our food services department.

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